

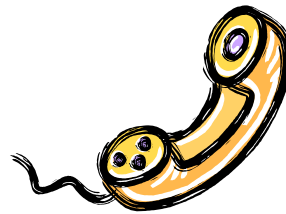
INFORMATION & ASSISTANCE/REFERRALS

On

- Disease/health information, including National organizations and health screens covered by Medicare
- Help with Medicare Parts B & D costs, including premiums
- In-home care options
- Help paying for prescription drugs
- Low income assistance programs such as:
 - property tax exemption
 - utility assistance
 - food stamps
- Healthcare and prescription insurance assistance and advocacy
- Low income senior housing options
- Long term care facilities
- Transportation options
- Nutrition programs, including home delivered meals
- Community Education and Awareness
- Support groups
- Home repair assistance programs
- Legal assistance to low income seniors
- Help for Grandparents or Relatives raising children.

Your "Connection" To Community Services

Call the office nearest you:



509-826-7452

Okanogan county

739 Haussler Rd, Ste. A & B
Omak, WA 98841

509-766-2568

Grant, Adams and Lincoln counties

1336 Pioneer Way Ste. 103,
Moses Lake, WA 98837

509-886-0700 or

Chelan, Douglas counties

270 9th St., NE, Ste. 100,
East Wenatchee WA 98802

Toll Free at:

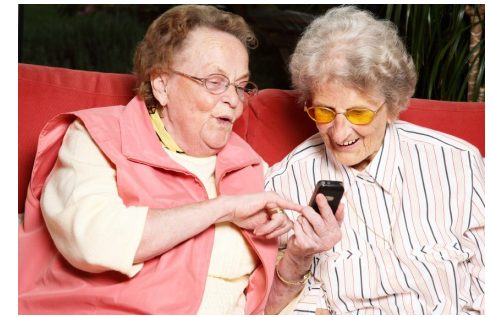
1-800-572-4459

Offices open Monday-Friday 8am to 5pm

Visit our web site: **www.aaccw.org**

Community Living Connections:
www.waclc.org

INFORMATION & ASSISTANCE

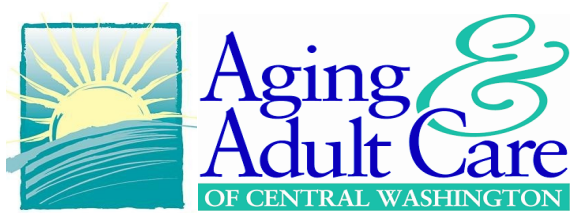


We *connect* you
to services to help
you maintain
independence and
quality of life.

Helpful information
for Seniors and
unpaid caregivers at
no cost.

1-800-572-4459

**Ageing &
Adult Care**
OF CENTRAL WASHINGTON



Finding what you need isn't easy.

The Information and Assistance (I&A) staff is committed to helping seniors and unpaid caregivers in North Central Washington find services and resources that help.

"I&A" specialists let you know what is available to help you and then we help you connect to that help from public, private and non-profit organizations.

We help you find the options; the choices are yours.

We connect you to the resources you need



INFORMATION & ASSISTANCE



Services we provide include:

- In-home care & chore assistance, including while recovering from a medical condition
- Unpaid Caregiver services, including:
 - Training
 - Respite
 - Support groups
 - Help paying for durable medical equipment
- "Help Me" buttons, called Personal Emergency Response Service (PERS)
- Advocating for you with agencies or individuals when you are unable to
- Support groups
- Educational materials



Have a question?

Call to speak to an I&A Specialist confidentially, or visit our web site for further information.

Contact Information & Assistance today!



Serving Adams, Chelan, Douglas, Grant, Lincoln and Okanogan Counties